

March 15, 22 & 29, 2008 & July 28 & August 4, 2007

PROPHETIC TOPIC

ALL THAT WE ARE

FORMAT

OPENING REMARKS AND INTRODUCE GUEST

LOVE AND LIGHT, I'M REV. PHIL AND I'M YOUR HOST FOR "WORDS OF THE PROPHETS." THIS AFTERNOON'S SHOW IS ANOTHER IN A SERIES OF SHOWS BEING DONE WITH THE INTENT OF INTRODUCING YOU, THE LISTENING AUDIENCE, TO A SET OF SPIRITUAL TOOLS THAT COULD BE UTILIZED IN YOUR DAILY LIFE. THIS MORNING I WILL BE DISCUSSING ANOTHER OF THE ANCIENT TEXTS, "THE DHAMMAPADA" (THE PATH OF DHARMA). MY MAIN SOURCE OF INFORMATION ON "THE DHAMMAPADA" IS THE TRANSLATION DONE BY EKNATH EASWARAN FROM THE OLDEST AND BEST KNOWN VERSION IN PALI, AN ANCIENT DERIVATIVE OF SANSKRIT. THE BOOK WAS PUBLISHED, IN 2007, BY NILGIRI PRESS, A DIVISION OF THE BLUE MOUNTAIN CENTER OF MEDITATION, BOX 256, TOMALES, CA 94971. OUR PROPHETIC TOPIC IS "ALL THAT WE ARE". THESE ARE THE FIRST FOUR WORDS IN THE DHAMMAPADA. THE ENTIRE FIRST SENTENCE READS AS FOLLOWS "ALL THAT WE ARE IS THE RESULT OF WHAT WE HAVE THOUGHT: WE ARE FORMED AND MOLDED BY OUR THOUGHTS."

1. THE DHAMMAPADA.

- **BUDDHA'S EQUIVALENT TO JESUS' BEATITUDES.**

- **VERSES SPOKEN BY THE BUDDHA ON VARIOUS OCCASIONS, COLLECTED VIA ORAL TRADITION BY BUDDHA'S DISCIPLES.**
- **COLLECTION OF 423 VERSES, CONTAINED IN 26 CHAPTERS, ARRANGED ACCORDING TO SUBJECT MATTER, CENTERED ON THE BUDDHA'S ESSENTIAL TEACHINGS.**
- **WAS CREATED AT THE FIRST COUNCIL, IMMEDIATELY AFTER THE DEATH OF BUDDHA AND ACTUALLY WRITTEN DOWN IN BOOKS AT THE BEGINNING OF THE FIFTH CENTURY A.D.**

2. BUDDHA'S STORY

- **BORN SIDDHARTHA GAUTAMA, CIRCA 563 BCE; DIED CIRCA 483 BCE.**
- **BORN THE SON OF KING SHUDDHODANA, THE CHIEF OF THE SHAKYA NATION, RULER OF A LAND AT THE FOOT OF THE HIMALAYAS, WHAT IS TODAY THE BORDER BETWEEN INDIA AND NEPAL.**
- **ALSO KNOWN AS SHAKYAMUNI ("SAGE OF THE SHAKYAS").**
- **BORN INTO A HINDU CULTURE (VEDIC) THAT WAS CREATING THE UPANISHADS (SITTING DOWN BESIDE [SECRET KNOWLEDGE]) WHICH TAUGHT NOTHING IN THE WORLD HAPPENS BY CHANCE, EVERYTHING IS CONNECTED BY CAUSE AND EFFECT. AT THE SAME TIME THE RELIGIOUS PRACTICES OF THE MAJORITY WAS VERY RITUALISTIC AND SUPERSTITIOUS.**

- **A HOLY MAN PROPHESED THAT HE WOULD BE EITHER AN EMPEROR OR RENOUNCE THE WORLD FOR A GREAT SPIRITUAL DESTINY. THE NAME SIDDHARTHA MEANS "HE WHOSE PURPOSE IN LIFE HAS BEEN ATTAINED".**
- **SPECIALNESS WAS OBVIOUS FROM EARLY CHILDHOOD.**
- **FATHER WANTED AN HEIR SO HE HAD SON LAVISHED IN LUXURY AND NOT EXPOSED TO TRAGEDY.**
- **AS THE AGE OF 16 MARRIED HIS COUSIN YASHODHARA. THEY HAD A SON, RAHULA.**
- **SPENT 29 YEARS AS A PRINCE BEFORE HE WAS ABLE TO VENTURE OUTSIDE HIS ESTATE WITH HIS CHARIOTEER CHANNA.**
- **HE SAW DISEASE, AGING, DEATH AND A YOGI IN A DEEP YOGIC TRANCE (THE FOUR NOBLE SIGHTS), ALL OF WHICH HAD A PROFOUND EFFECT ON HIM.**
- **AFTER MUCH CONTEMPLATION, DECIDED TO GO FORTH FROM HIS LIFE AND NOT RETURN UNTIL HE FOUND A WAY TO GO BEYOND AGING AND DEATH.**
- **ADOPTING THE LIFE OF A MENDICANT, WENT OUT INTO THE FOREST TO STUDY YOGA AND MEDITATION WITH THE BEST TEACHERS.**
- **ADOPTED THE SAFFRON YELLOW ROBES, THE COLOR OF EXECUTED CONVICTS, BECAUSE ALL HUMANS WERE UNDER A SENTENCE OF DEATH.**
- **EMBARKED ON A SIX YEAR SEVERE AUSTERITY PROGRAM.**

- **ATTRACTED FIVE DISCIPLES WHO ATTEMPTED TO MATCH HIS AUSTERITY.**
 - **REALIZED THAT HE WAS NO LONGER MEDITATING WELL, AND THAT AUSTERITY WAS THE CAUSE.**
 - **ONCE COURSE CHANGED, WAS ABANDONED BY DISCIPLES.**
 - **WENT INTO DEEP MEDITATION VOWING NOT TO STOP UNTIL HE FOUND A WAY BEYOND DECAY AND DEATH.**
 - **WAS CONFRONTED BY MARA, THE TEMPTER, (DEATH AND SELFISH PASSION).**
 - **AS A RESPONSE TO EACH TEMPTATION THE MEDITATION WAS DEEPENED. THIS LED TO THE STATE OF NIRVANA AND THE TRANSFORMATION INTO THE BUDDHA (I AM AWAKE).**
 - **HEARD THE WORLD CRY OUT TO HIM AND OUT OF PITY DECIDED TO LEAD OTHERS TO FREEDOM.**
 - **A FINAL CHALLENGE BY MARA LED BUDDHA TO WORK OUT THE TEACHINGS STILL PRACTICED TODAY.**
 - **REUNITED WITH HIS FIVE DISCIPLES WHO BECAME HIS FIRST STUDENTS.**
 - **TAUGHT THE DHARMA, THE PATH THAT LEADS TO THE END OF SORROW.**
 - **ORDAINED YASHODHARA AND FOSTER MOTHER AS NUNS CREATING 1ST MONASTIC COMMUNITY.**
- 3. BUDDHA'S 1ST SERMON IN THE DEER PARK NEAR THE HOLY CITY OF VARANASI, USUALLY TITLED**

“SETTING IN MOTION THE WHEEL OF THE DHARMA” PUT FORTH THE “FOUR NOBLE TRUTHS”.

1st. CLINICAL OBSERVATION – ALL EXISTENCE INVOLVES SUFFERING.

2nd. DIAGNOSIS – THE CAUSE OF SUFFERING IS CRAVING.

3rd. PROGNOSIS – RELEASE FROM SUFFERING COMES THROUGH ERADICATING PASSIONATE CRAVING FOR MATERIAL OR SENSUAL SATISFACTION.

4th. THE CURE – THE WAY TO ACHIEVE THAT RELEASE IS THE “ NOBLE EIGHTFOLD PATH”. THESE EIGHT WAYS OF RIGHT BEING ENCOMPASS:

01. RIGHT UNDERSTANDING – SEEING LIFE AS IT IS. ALL THINGS ARE IMPERMANENT.

02. RIGHT PURPOSE – ORDER LIFE AROUND LEARNING TO LIVE.

03. RIGHT SPEECH – SPEAKING KINDLY.

04. RIGHT CONDUCT – ACTING KINDLY.

05. RIGHT OCCUPATION – LIVING FOR THE WELFARE OF ALL.

06. RIGHT EFFORT – TRAINING THE MIND IN THOUGHT, WORD AND ACTION.

07. RIGHT ATTENTION – KEEPING THE MIND WHERE IT SHOULD BE.

08. RIGHT MEDITATION – IS THE MEANS OF TRAINING THE MIND.

4. JOURNEY TO NIRVANA; FOUR DHYANAS (SANSKRIT = MEDITATIONS)

- 1st. WHERE THE MIND, THOUGH NOT QUITE FREE FROM DIVIDED AND DIFFUSE THOUGHT, EXPERIENCES LASTING JOY.**
- 2nd. FREE FROM ANY WAVE OF THOUGHT, AND EXPERIENCED THE LASTING JOY OF THE UNITIVE STATE.**
- 3rd. BECOMING CONSCIOUS IN THE VERY DEPTHS OF THE UNCONSCIOUS.**
- 4th. UTTERLY BEYOND THE REACH OF THOUGHT, IN THE REALM OF COMPLETE PURITY.**

5. THE TEACHINGS.

- 1st. TWIN VERSES (PAIRS OF POSSIBILITIES)**
 - 01. ALL THAT WE ARE IS THE RESULT OF WHAT WE HAVE THOUGHT: WE ARE FORMED AND MOLDED BY OUR THOUGHTS. THOSE WHOSE MINDS ARE SHAPED BY SELFISH THOUGHTS CAUSE MISERY WHEN THEY SPEAK OR ACT.**
 - 02. THOSE WHOSE MINDS ARE SHAPED BY SELFLESS THOUGHTS GIVE JOY WHENEVER THEY SPEAK OR ACT.**
 - 04. FOR HATRED DOES NOT CEASE BY HATRED AT ANY TIME: HATRED CEASES BY LOVE. THIS IS AN UNALTERABLE LAW.**
 - 13. AS RAIN SEEPS THROUGH A POORLY THATCHED ROOF, PASSION SEEPS INTO AN UNTRAINED MIND.**
 - 19. THOSE WHO RECITE MANY SCRIPTURES BUT DO NOT PRACTICE**

**THEIR TEACHINGS ARE LIKE A
COWHERDER COUNTING ANOTHER'S
COWS.**

2nd. VIGILANCE

**25. IF YOU MEDITATE EARNESTLY,
THROUGH SPIRITUAL DISCIPLINES
YOU CAN MAKE AN ISLAND FOR
YOURSELF THAT NO FLOOD CAN
OVERWHELM.**

**27. DO NOT FALL INTO WAYS OF SLOTH
AND LUST. THOSE WHO MEDITATE
EARNESTLY ATTAIN THE HIGHEST
HAPPINESS.**

3rd. MIND

**35. HARD IT IS TO TRAIN THE MIND,
WHICH GOES WHERE IT LIKES AND
DOES WHAT IT WANTS. BUT A
TRAINED MIND BRINGS HEALTH AND
HAPPINESS.**

**39. THEY ARE WISE WHOSE THOUGHTS
ARE STEADY AND MINDS SERENE,
UNAFFECTED BY GOOD AND BAD.
THEY ARE AWAKE AND FREE FROM
FEAR.**

4th. FLOWERS

**50. DO NOT GIVE YOUR ATTENTION TO
WHAT OTHERS DO OR FAIL TO DO;
GIVE IT TO WHAT YOU DO OR FAIL TO
DO.**

**59. A TRUE FOLLOWER OF THE BUDDHA
SHINES AMONG BLIND MORTALS AS
THE FRAGRANT LOTUS, GROWING IN**

**THE GARBAGE BY THE ROADSIDE,
BRINGS JOY TO ALL WHO PASS BY.**

5th. THE IMMATURE

**60. LONG IS THE NIGHT TO THOSE WHO
ARE AWAKE; LONG IS THE ROAD TO
THOSE WHO ARE WEARY. LONG IS
THE CYCLE OF BIRTH AND DEATH TO
THOSE WHO KNOW NOT THE DHARMA.**

**73. THE IMMATURE GO AFTER FALSE
PRESTIGE –PRECEDENCE OF FELLOW
MONKS, POWER IN THE MONASTERIES
AND PRAISE FROM ALL.**

6th. THE WISE

**76. IF YOU SEE SOMEONE WISE, WHO CAN
STEER YOU FROM THE WRONG PATH,
FOLLOW THAT PERSON AS YOU
WOULD ONE WHO CAN REVEAL
HIDDEN TREASURES. ONLY GOOD CAN
COME OUT OF IT.**

**81. AS A SOLID ROCK CANNOT BE MOVED
BY THE WIND, THE WISE ARE NOT
SHAKEN BY PRAISE OR BLAME.**

**85. FEW ARE THOSE WHO REACH THE
OTHER SHORE, MOST PEOPLE KEEP
RUNNING UP AND DOWN THIS SHORE.**

7th. THE SAINT

**97. FREED FROM ILLUSION AND FROM
PERSONAL TIES, THEY HAVE
RENOUNCED THE WORLD OF
APPEARANCE TO FIND REALITY. THUS
HAVE THEY REACHED THE HIGHEST.**

8th. THOUSANDS

103. ONE WHO CONQUERS HIMSELF IS GREATER THAN ANOTHER WHO CONQUERS A THOUSAND TIMES A THOUSAND MEN ON THE BATTLEFIELD.

9th. EVIL

127. NOT IN THE SKY, NOT IN THE OCEAN, NOT IN MOUNTAIN CANYONS IS THERE A PLACE ANYWHERE IN THE WORLD WHERE A PERSON CAN HIDE FROM HIS EVIL DEEDS.

10th. PUNISHMENT

133. SPEAK QUIETLY TO EVERYONE, AND THEY TOO WILL BE GENTLE IN THEIR SPEECH. HARSH WORDS HURT, AND COME BACK TO THE SPEAKER.

145. AS IRRIGATORS GUIDE WATER TO THEIR FIELDS, AS ARCHERS AIM ARROWS, AS CARPENTERS CARVE WOOD, THE WISE SHAPE THEIR LIVES.

11th. AGE

152. A MAN WHO DOES NOT LEARN FROM LIFE GROWS OLD LIKE AN OX: HIS BODY GROWS BUT NOT HIS WISDOM.

155. THOSE WHO HAVE NOT PRACTICED SPIRITUAL DISCIPLINES IN THEIR YOUTH PINE AWAY LIKE OLD CRANES IN A LAKE WITHOUT FISH.

12th. SELF

162. AS A VINE OVERPOWERS A TREE, EVIL OVERPOWERS THOSE WHO DO EVIL, TRAPPING THEM IN A SITUATION

**THAT ONLY THEIR ENEMIES WOULD
WISH THEM TO BE IN.**

**166. DON'T NEGLECT YOUR OWN DUTY FOR
ANOTHER, HOWEVER GREAT. KNOW
YOUR OWN DUTY AND PERFORM IT.**

13th. THE WORLD

**167. DON'T FOLLOW WRONG LAWS; DON'T
BE THOUGHTLESS; DON'T BELIEVE
FALSE DOCTRINES. DON'T FOLLOW
THE WAY OF THE WORLD.**

**172. WHEN THOSE WHO ARE FOOLISH
BECOME WISE, THEY GIVE LIGHT TO
THE WORLD LIKE THE FULL MOON
BREAKING THROUGH THE CLOUDS.**

**176. HE WHO TRANSGRESSES THE CENTRAL
LAW OF LIFE, WHO SPEAKS FALSELY
OR SCOFFS AT THE LIFE TO COME, IS
CAPABLE OF ANY EVIL.**

**178. BETTER THAN RULING THIS WORLD,
BETTER THAN ATTAINING THE REALM
OF THE GODS, BETTER THAN BEING
LORD OF ALL THE WORLDS, IS ONE
STEP TAKEN ON THE PATH TO
NIRVANA.**

14th. THE AWAKENED ONE

**180. HOW CAN YOU DESCRIBE HIM IN
HUMAN LANGUAGE, THE BUDDHA, THE
AWAKENED ONE, FREE FROM THE NET
OF DESIRES AND THE POLLUTION OF
PASSIONS, FREE FROM ALL
CONDITIONING.**

183. AVOID ALL EVIL, CULTIVATE THE GOOD, PURIFY YOUR MIND: THIS SUMS UP THE TEACHING OF THE BUDDHA.

185. DO NOT FIND FAULT WITH OTHERS, DO NOT INJURE OTHERS, BUT LIVE IN ACCORDANCE WITH THE DHARMA. BE MODERATE IN EATING AND SLEEPING AND MEDITATE ON THE HIGHEST. THIS SUMS UP THE TEACHING OF THE BUDDHA.

15th. JOY

197. LET US LIVE IN JOY, NEVER HATING THOSE WHO HATE US. LET US LIVE IN FREEDOM, WITHOUT HATRED EVEN AMONG THOSE WHO HATE.

202. THERE IS NO FIRE LIKE LUST, NO SICKNESS LIKE HATRED, NO SORROW LIKE SEPARATENESS, NO JOY LIKE PEACE.

204. HEALTH IS THE BEST GIFT, CONTENTMENT THE BEST WEALTH, TRUST THE BEST KINSMAN, NIRVANA THE GREATEST JOY.

208. THEREFORE, LIVE AMONG THE WISE, WHO ARE UNDERSTANDING, PATIENT, RESPONSIBLE AND NOBLE. KEEP THEIR COMPANY AS THE MOON MOVES AMONG THE STARS.

16th. PLEASURE

211. DON'T GET SELFISHLY ATTACHED TO ANYTHING, FOR TO HOLD ON TO IT

WILL BRING YOU PAIN. WHEN YOU HAVE NEITHER LIKES NOR DISLIKES, YOU WILL BR FREE.

212. SELFISH ATTACHMENT BRINGS SUFFERING; SELFISH ATTACHMENT BRINGS FEAR. BE DETACHED, AND YOU WILL BE FREE FROM SUFFERING AND FEAR.

219. AS YOUR FAMILY AND FRIENDS RECEIVE YOU WITH JOY WHEN YOU RETURN FROM A LONG JOURNEY, SO WILL YOUR GOOD DEEDS RECEIVE YOU WHEN YOU GO FROM THIS LIFE TO THE NEXT, WHERE THEY WILL WAITING FOR YOU WITH JOY LIKE YOUR KINSMEN

17th. ANGER

221. GIVE UP ANGER, GIVE UP PRIDE AND FREE YOURSELF FROM WORLDLY BONDAGE. NO SORROW CAN BEFALL THOSE WHO NEVER TRY TO POSSESS PEOPLE AND THINGS AS THEIR OWN.

223. CONQUER ANGER THROUGH GENTLENESS, UNKINDNESS THROUGH KINDNESS, GREED THROUGH GENEROSITY AND FALSEHOOD BY TRUTH.

234. THE WISE ARE DISCIPLINED IN BODY, SPEECH AND MIND. THEY ARE WELL CONTROLLED INDEED.

18th. IMPURITY

- 238. LIGHT THE LAMP WITHIN; STRIVE HARD TO ATTAIN WISDOM. BECOME PURE AND INNOCENT AND YOU WILL BE FREE FROM BIRTH AND DEATH.**
- 240. AS RUST CONSUMES THE IRON WHICH BREEDS IT, EVIL DEEDS CONSUME THOSE WHO DO THEM.**
- 248. ANY INDISCIPLINE BRINGS EVIL IN ITS WAKE. KNOW THIS AND DO NOT LET GREED AND VICE BRING YOU LINGERING PAIN.**
- 254. THERE IS NO PATH IN THE SKY; THERE IS NO REFUGE IN THE WORLD FOR THOSE DRIVEN BY THEIR DESIRES. BUT THE DISCIPLES OF THE BUDDHA LIVE IN FREEDOM.**

19th. ESTABLISHED IN DHARMA

- 258. ONE IS NOT WISE BECAUSE HE TALKS A GOOD DEAL. THEY ARE WISE WHO ARE PATIENT AND FREE FROM HATE AND FEAR.**
- 259. DHARMA IS NOT UPHELD BY TALKING ABOUT IT. DHARMA IS UPHELD BY LIVING IN HARMONY WITH IT, EVEN IF ONE IS NOT LEARNED.**
- 260. GRAY HAIR DOES NOT MAKE AN ELDER; ONE CAN GROW OLD AND STILL BE IMMATURE.**
- 271. NOT BY RITUALS AND RESOLUTIONS, NOR BY MUCH LEARNING, NOR BY CELIBACY, NOR EVEN BY MEDITATION CAN YOU FIND THE SUPREME,**

**IMMORTAL JOY OF NIRVANA UNTIL
YOU HAVE EXTINGUISHED YOUR SELF
WILL.**

20th. THE PATH

**291. OF PATHS THE EIGHTFOLD IS THE
BEST; OF TRUTHS THE NOBLE FOUR
ARE BEST; OF MENTAL STATES
DETACHMENT IS THE BEST; OF HUMAN
BEINGS THE ILLUMINED ONE IS BEST.**

**277. ALL CREATED THINGS ARE
TRANSITORY; THOSE WHO REALIZE
THIS ARE FREED FROM SUFFERING.
THIS IS THE PATH THAT LEADS TO
PURE WISDOM.**

**281. GUARD YOUR THOUGHTS, WORDS AND
DEEDS. THOSE THREE DISCIPLINES
WILL SPEED YOU ALONG THE PATH TO
PURE WISDOM.**

21st. VARIED VERSES

**291. DON'T TRY TO BUILD YOUR
HAPPINESS ON THE UNHAPPINESS OF
OTHERS. YOU WILL BE ENMESHED IN
A NET OF HATRED.**

**302. IT IS HARD TO LEAVE THE WORLD AND
HARD TO LIVE IN IT, PAINFUL TO LIVE
WITH THE WORLDLY AND PAINFUL TO
BE A WANDERER. REACH THE GOAL;
YOU WILL WANDER AND SUFFER NO
MORE.**

22nd. THE DOWNWARD COURSE

**306. ONE WHO SAYS WHAT IS NOT TRUE,
ONE WHO DENIES WHAT HE HAS**

**DONE, BOTH CHOOSE THE
DOWNWARD COURSE. AFTER DEATH
THESE TWO BECOME PARTNERS IN
FALSEHOOD.**

**307. THOSE WHO PUT ON THE SAFFRON
ROBE BUT REMAIN ILL-MANNERED
AND UNDISCIPLINED ARE DRAGGED
DOWN BY THEIR EVIL DEEDS.**

**316. THOSE WHO ARE ASHAMED OF DEEDS
THEY SHOULD NOT BE ASHAMED OF
AND NOT ASHAMED OF DEEDS THEY
SHOULD BE ASHAMED OF, FOLLOW
FALSE DOCTRINES ON THE
DOWNWARD COURSE.**

23rd. THE ELEPHANT

**320. PATIENTLY I SHALL BEAR HARSH
WORDS AS THE ELEPHANT BEARS
ARROWS ON THE BATTLEFIELD.
PEOPLE ARE OFTEN INCONSIDERATE.**

**325. EATING TOO MUCH, SLEEPING TOO
MUCH, LIKE AN OVERFED HOG, THOSE
TOO LAZY TO EXERT EFFORT ARE
BORN AGAIN AND AGAIN.**

**333. IT IS GOOD TO LIVE IN VIRTUE, GOOD
TO HAVE FAITH, GOOD TO ATTAIN THE
HIGHER WISDOM, GOOD TO BE PURE
IN HEART AND MIND. JOY WILL BE
YOURS ALWAYS.**

24th. THIRST

**334. THE COMPULSIVE URGE OF THE
THOUGHTLESS GROW LIKE A CREEPER.
THEY JUMP LIKE A MONKEY FROM ONE**

**LIFE TO ANOTHER, LOOKING FOR
FRUIT IN THE FOREST.**

**336. CONQUER THESE FIERCE CRAVINGS
AND SORROW WILL FALL AWAY FROM
YOUR LIFE LIKE DROPS OF WATER
FROM A LOTUS LEAF.**

**341. ALL HUMAN BEINGS ARE SUBJECT TO
ATTACHMENT AND THIRST FOR
PLEASURE. HANKERING AFTER THESE,
THEY ARE CAUGHT IN A CYCLE OF
BIRTH AND DEATH.**

**354. THERE IS NO GIFT BETTER THAN THE
GIFT OF THE DHARMA, NO GIFT MORE
SWEET, NO GIFT MORE JOYFUL. IT
PUTS AN END TO CRAVINGS AND THE
SORROW THEY BRING.**

25th. THE BHIKSHU (BUDDHIST MONK)

**362. HE IS A TRUE BHIKSHU WHO HAS
TRAINED HIS HANDS, FEET AND
SPEECH TO SERVE OTHERS. HE
MEDITATES DEEPLY, IS AT PEACE
WITH HIMSELF AND LIVES IN JOY.**

**365. HE IS A BHIKSHU WHO IS CONTENT
WITH WHAT HE RECEIVES AND IS
NEVER JEALOUS OF OTHERS. THOSE
WHO ARE JEALOUS CANNOT DO WELL
IN MEDITATION.**

**366. EVEN THE GODS PRAISE THE BHIKSHU
WHO IS CONTENTED AND LIVES A
PURE LIFE OF SELFLESS SERVICE.**

**381. FULL OF PEACE AND JOY IS THE
BHIKSHU WHO FOLLOWS THE DHARMA**

**AND REACHES THE OTHER SHORE
BEYOND THE FLUX OF MORTAL LIFE.**

- 26th. THE BRAHMIN (HIGHEST PRIESTLY CASTE)**
- 386. WHO IS A TRUE BRAHMIN? THAT ONE I CALL A BRAHMIN WHO HAS TRAINED THE MIND TO BE STILL AND REACHED THE SUPREME GOAL OF LIFE.**
- 389. THE ONE I CALL A BRAHMIN WHO IS NEVER ANGRY, NEVER CAUSES HARM TO OTHERS EVEN WHEN HARMED BY THEM.**
- 393. IT IS NOT MATTED HAIR NOR BIRTH THAT MAKES A BRAHMIN, BUT TRUTH AND THE LOVE FOR ALL OF LIFE WITH WHICH ONE'S HEART IS FULL.**
- 419. THAT ONE I CALL A BRAHMIN WHO IS FREE FROM I, ME AND MINE, WHO KNOWS THE RISE AND FALL OF LIFE. SUCH A ONE IS AWAKE AND WILL NOT FALL ASLEEP AGAIN.**
- 421. POSSESSING NOTHING, DESIRING NOTHING FOR THEIR OWN PLEASURE, THEIR OWN PROFIT, THEY HAVE BECOME A FORCE FOR GOOD, WORKING FOR FREEDOM FOR ALL.**

6. BUDDHA WISDOM.

- **"THE MIDDLE COURSE, LYING BETWEEN TOO MUCH AND TOO LITTLE, IS THE WAY OF THE EIGHTFOLD PATH".**
- **"WHAT DO I NOT TEACH? WHATEVER IS FASCINATING TO DISCUSS, DIVIDES PEOPLE AGAINST EACH OTHER, BUT HAS NO BARING**

ON PUTTING AN END TO SORROW. WHAT DO I TEACH? ONLY WHAT IS NECESSARY TO TAKE YOU TO THE OTHER SHORE."

- **LAST WORDS; "THEN I EXHORT YOU, BROTHERS: REMEMBER, ALL THINGS THAT COME INTO BEING MUST PASS AWAY. STRIVE EARNESTLY."**
- **"GO FORTH, THEREFORE, BRETHREN, ON YOUR JOURNEY, FOR THE JOY OF THE MANY, FOR THE HAPPINESS OF THE MANY, OUT OF COMPASSION FOR THE WORLD. TEACH THE DHARMA WHICH IS BEAUTIFUL AT THE BEGINNING, BEAUTIFUL IN THE MIDDLE, AND BEAUTIFUL AT THE END. LET NOT ANY TWO OF YOU GO TOGETHER."**
- **PAGE 55 "MALUNKYAPUTRA".**