

June 11, 2005

PROPHETIC TOPIC

OUR LIVES WILL BE OUR PRAYERS

FORMAT

OPENING REMARKS AND INTRODUCE GUEST

LOVE AND LIGHT, I'M REV. PHIL AND I'M YOUR HOST FOR "WORDS OF THE PROPHETS." THIS MORNINGS MY GUEST IS SANKARA SARANAM, AUTHOR OF THE BOOK "GOD WITHOUT RELIGION". TODAY'S PROPHETIC TOPIC IS "OUR LIVES WILL BE OUR PRAYERS". THE TOPIC IS EXTRACTED FROM A SENTENCE THAT APPEARS ON PAGE 69 OF "GOD WITHOUT RELIGION". THE SENTENCE READS AS FOLLOWS: "NURTURED BY THIS PROGRESSIVE SPIRITUALITY, WE WILL LOOK UPON THE NATURAL WORLD AS A HOUSE OF WORSHIP, THE BOOK OF NATURE AS SACRED SCRIPTURE, THE LAWS OF NATURE AS GOD'S COMMANDMENTS, THE RESONANT EFFECTS OF THOUGHTS ON THE HUMAN ORGANISM AS THE VOICE OF GOD AND OUR LIVES WILL BE OUR PRAYERS."

BEFORE WE GET STARTED WITH OUR DISCUSSION LET ME REMIND YOU THAT THIS SHOW HAS BEEN PRERECORDED, THEREFORE, WE WILL NOT BE ABLE TO TAKE YOUR TELEPHONE CALLS THIS MORNING.

1. SANKARA SARANAM INTRODUCTION

- **SPIRITUAL PATH**
- **PRANAYAMA (INSTITUTE)**
- **NAZIR ORDER**
- **WHAT LED TO WRITING BOOK**

2. PREPARING TO SEEK DIRECT KNOWLEDGE OF GOD

- **ASSESS RELIANCE ON BELIEFS OF SPIRITUAL LEADERS**
- **INTELLECTUAL BELIEF EVALUATION**

3. WORSHIPPING BY WONDERING

- **WHAT IS GOD?**
 - ❖ **SPIRITUAL COLLOQUIUM TECHNIQUE**
- **GOD MADE IN IMAGE OF MAN**
 - ❖ **DEVELOP RELATIONSHIP WITH A PERSONAL GOD TECHNIQUE**
- **MIRACLES AND THE MIND**
 - ❖ **AFFIRMATION TECHNIQUE**
 - 01. MAINTENANCE**
 - 02. IDEAL**
 - 03. VISUAL**
 - 04. ARTICLE**
 - 05. GRATITUDE**
- **REVELATION AND REASON**
 - ❖ **READING, WRITING AND REFLECTION TECHNIQUE**
- **RELIGION AND SPIRITUALITY**
 - 01. MATTHEW 28:19 VS. MARY 18:18 -21**
 - 02. JOHN 14:6 "NO ONE COMES TO THE FATHER EXCEPT THROUGH ME."**
 - 03. JOHN 8:58 "BEFORE ABRAHAM WAS, I AM."**
 - ❖ **NONATTACHMENT TO RESULTS TECHNIQUE**
- **TERRORISM IN THE NAME OF GOD**
 - ❖ **SACRIFICING PERSONAL INTERESTS FOR TRANSPERSONAL INTERESTS TECHNIQUE**
 - 01. SMALL SELF/LARGER SELF**

June 25, 2005

OPENING REMARKS AND INTRODUCE GUEST

LOVE AND LIGHT EVERYONE, I'M REV. PHIL AND I'M YOUR HOST FOR "WORDS OF THE PROPHETS". YOU ARE LISTENING TO THIS SHOW ON KSFR, 90.7 FM, SANTA FE'S ONE AND ONLY COMMUNITY PUBLIC RADIO STATION. TODAY'S SHOW, WHICH HAS BEEN PRERECORDED, IS THE SECOND AND FINAL PART OF AN IN DEPTH REVIEW OF THE BOOK "GOD WITHOUT RELIGION". MY GUEST IS THE BOOK'S AUTHOR SANKARA SARANAM. THE PROPHETIC TOPIC FOR THIS SERIES IS "OUR LIVES WILL BE OUR PRAYERS". THE TOPIC IS EXTRACTED FROM A SENTENCE THAT APPEARS ON PAGE 69 OF "GOD WITHOUT RELIGION". THE SENTENCE READS AS FOLLOWS: "NURTURED BY THIS PROGRESSIVE SPIRITUALITY, WE WILL LOOK UPON THE NATURAL WORLD AS A HOUSE OF WORSHIP, THE BOOK OF NATURE AS SACRED SCRIPTURE, THE LAWS OF NATURE AS GOD'S COMMANDMENTS, THE RESONANT EFFECTS OF THOUGHTS ON THE HUMAN ORGANISM AS THE VOICE OF GOD AND OUR LIVES WILL BE OUR PRAYERS."

WE WILL BEGIN TODAY'S SHOW WITH A REVIEW OF SOME OF THE MATERIAL THAT WAS COVERED DURING THE PREVIOUS SHOW. BEFORE WE GET STARTED WITH OUR SHOW LET ME REMIND YOU THAT THIS SHOW HAS BEEN PRERECORDED, THEREFORE, WE WILL NOT BE ABLE TO TAKE YOUR PHONE CALLS THIS MORNING.

4. A BIGGER PICTURE OF HUMAN PROGRESS

- **THE CYCLE THEORY (PRANA)**

- 01. GOLD DESCENDING @ 11501 BCE**
- 02. SILVER DESCENDING @ 6500 BCE**
- 03. BRONZE DESCENDING @ 3100 BCE**
- 04. IRON DESCENDING 700 BCE TO 499 CE**
- 05. IRON ASCENDING 500 CE TO 1699 CE**
- 06. BRONZE ASCENDING @ 1700 CE**
- 07. SILVER ASCENDING @ 4100 CE**
- 08. GOLD ASCENDING @ 7700 CE (4800 YRS)**

- **MOVING PAST THE DARK AGES**

- 01. REINTERPRET PAST MYTHS AS MERE PARABLES FOR PERSONAL ENLIGHTENMENT**

- ❖ **MEDITATION ON CYCLES TECHNIQUE (SCIENCE OF INTUITION) (ENERGY FLOWS IN SPINE & BRAIN)**

- 01. GOLD = CEREBRAL & MEDULLAR PLEXUSES**
- 02. SILVER = CERVICAL & DORSAL PLEXUSES**
- 03. BRONZE = LUMBAR & SACRAL PLEXUSES**
- 04. IRON = COCCYGEAL PLEXUS**

- **AVENUES TO KNOWLEDGE**

- 01. THE FINITE INTELLECT CANNOT FATHOM AN ABSOLUTE TRUTH**
- 02. MISPLACED TOLERANCE FOR RELIGIOUS BELIEFS**
- 03. THREE STEPS TO INVESTIGATING AVENUE TO SELF-KNOWLEDGE**
 - **REJECT BIAS, REFUSE TO ACCEPT ON AUTHORITY**

- **DIFFERENTIATE BETWEEN INTUITION AND COGNITIVE INSTRUMENTS**
- **INFINITE SELF-KNOWLEDGE TRANSCENDS FINITE KNOWLEDGE OF AN EXPANSIVE SELF IDENTIFYING WITH ALL HUMANITY**

5. AN ALTERNATIVE TO ORGANIZED RELIGION

- **A THEORY OF SELF**

- 01. ADOPT RELIGIOUS BELIEFS TO SATISFY NEED FOR ESCAPE FROM MORTALITY**
- 02. LIFE DEPENDENT ON THE PRESENCE OF NERVOUS ENERGY**
- 03. SPINE & BRAIN OPERATE LIKE A RECEIVING SET, INTUITING A SENSE OF SELF**
- 04. COSMOS HOLDS THE PROMISE OF INDIVISIBLE UNITY**
- 05. FOCUS ON INNER SOURCE OF AWARENESS TO EXPAND SENSE OF SELF**
- 06. BODY BECOMES HOUSE OF GOD**

- ❖ **COMMONSENSE ASCETICISM TECHNIQUE**

- 01. MODERATION OF FOOD**
- 02. MODERATING SPEECH**
- 03. CELIBACY**

- **GOING STRAIGHT TO GOD THROUGH ENERGY CONTROL**

- 01. PRANA (ENERGY) YAMA (CONTROL) THE SCIENCE OF INTUITION**
- 02. ETERNITY EMERGES THE MOMENT THE SENSES ARE WITHDRAWN AND MIND-MADE ILLUSIONS ELIMINATED**
- 03. SUPEREGO**

➤ **EXPANSIVE KNOWLEDGE**

➤ **ENERGY CONTROL**

04. COSMIC EGO

➤ **IDENTIFIES WITH ALL THINGS**

➤ **SEES ONLY ITSELF EVERYWHERE**

➤ **NO IDEA OF MIND**

➤ **NO IDEA OF DIVISION OF SPACE &
TIME**

❖ **FORMING ENERGY SEALS TECHNIQUE**

• **THE SELF IN SOCIETY**

**01. THE MORE ENERGY FOCUSED ON
CEREBROSPINAL AXIS THE MORE
NATURALLY ETHICAL**

**02. THE CONSEQUENCES OF THOUGHT &
ACTION CONFIGURE IN SPINE & BRAIN'S
CENTER OF INTUITIVE AWARENESS**

➤ **BOOMERANG EFFECT OF
PHYSIOMAGNETIC ATTRACTION FOR
SIMILAR THOUGHTS, ACTIONS &
REACTIONS (KARMA)**

**03. PEOPLE WHO INTERACT FREQUENTLY
SHARE PHYSIOMAGNETIC PATTERNS**

**04. SOCIETAL FORCES ACT ON SENSE OF
SELF BY WAY OF A POWERFUL
MAGNETISM (SOCIOMAGNETISM)**

❖ **SUPPORTING ETHICAL CONDUCT TECHNIQUE**

**01. MENTAL & EMOTIONAL PATTERNS
AFFECT BREATHING AND VISA VERSA**

❖ **TENSION-RELAXATION METHODS TECHNIQUE**

01. TWENTY-TWO METHODS

❖ **FROM SOCIOMAGNETISM TO SOCIAL
ACTIVISM TECHNIQUE**

01. NINE STEPS TO TRACE LEVEL OF AWARENESS

- **A NEW MYTH TO SPARK SOCIAL REFORM**
 - 01. EVERY HUMAN BEING IS ENDOWED WITH AN EXPANSIVE HEART**
 - 02. GOD IS THE COSMOS**
 - ❖ **MAGNETIZING THE EXPANSIVE HEART TECHNIQUE**
 - 01. DIRECT NERVOUS ENERGY TOWARD THE SPINE'S DORSAL PLEXUS**

6. TESTING TODAY'S CHOICES

- **CAN WE KNOW GOD?**
 - ❖ **SINGLE EYE OF INTUITION TECHNIQUE**
- **MODERN SPIRITUAL MOVEMENTS**
 - ❖ **INVIGORATING SELF-EXPANSION TECHNIQUE**
 - 01. PARTICIPATION IN A COLLOQUIUM**
 - 02. DEVOTION TO YOUR PERSONAL IMAGE OF GOD**
 - 03. VISUALIZING AND MENTALLY INTONING AFFIRMATIONS**
 - 04. INTROSPECTIVE READING AND WRITING**
 - 05. TENSION-RELAXATION METHODS**
 - 06. BALANCED ASCETICISM**
 - 07. MINIMIZING THE INGESTION OF ANIMAL PRODUCTS**
 - 08. MAGNETIZATION THROUGH PRANAYAMA & ENERGY SEALS**
 - 09. THE GREAT SEAL**
- **VULNERABILITY OF THE SELF**
 - ❖ **SELF-RELIANCE TECHNIQUE**
- **CELEBRATING APOSTASY**

❖ **COMMUNICATING OPENLY WITH FAMILY &
FRIENDS TECHNIQUE**

7. CONCLUSION

CLOSING REMARKS

**THANK YOU FOR LISTENING TO WORDS OF THE
PROPHETS. I'M YOUR HOST, REV. PHIL, I HOPE YOU
FOUND THIS SERIES ENLIGHTENING AND
INFORMATIVE. PLEASE TUNE IN 2 WEEKS FROM
NOW WHEN WORDS OF THE PROPHETS WILL
RETURN WITH A LIVE BROADCAST. UNTIL THEN,
WALK IN LOVE AND LIGHT AND KNOW THAT GOD IS
ALWAYS WITH YOU.**